

# Member Safety Program

## Épée

- Zoom classes will continue on Mondays and Fridays, as before.  
We will continue to run some Zoom classes for a period of time after re-opening, to decrease the number of fencers in the club, or for those who don't feel comfortable enough to attend in person.  
USA Fencing has given permission for clubs to continue online classes until at least July.
  - Wednesday Zoom is canceled at the time being, and replaced with open bouting in the club.
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## Épée and Foil

- All sessions will be shorter and with a reduced number of students, in blocks of 30 minutes to one hour, but more often during the week than usually.
- Students will be assigned to a specific group, which it will be emailed ahead, alongside with the group class times.
- Parents, please drop off your kids in the parking lot, and pick them up at the end of their program.
- Fencers should arrive at the club as close to the start of their lesson/class as possible and be picked up as close to the end of their class as possible.
- Using a single point of entry, all staff and students are required to be screened daily before entering the fencing floor.
- Please wait by the door if someone is ahead of you, and keep 6 ft distance, by following the marks on the floor.
- Screenings include non-contact **temperature checks** (using a temporal thermometer), and screening questions (including about symptoms experienced in the past 24 hours).
- Staff is required to wear a cloth face-covering whenever six feet of physical distancing is not possible.
- Families should provide their children with a sufficient **supply of masks** for their child, to replace as needed.  
The club can provide one in cases of emergency, but we would appreciate those who bring their own.
- Avoiding immediate contact (e.g., shaking or holding hands, hugging)
- Absolutely **NO outside shoes** on the fencing floor.  
Please bring your fencing shoes and put them on in the hallway or in the waiting room, keeping 6 ft away from others, while wearing a facemask.  
The shoe rack has been moved in the waiting room, by the window, for your convenience.

- Follow the **one-way** signs for entering and exiting the fencing floor.
  - **No warm-up** exercises. All students can stretch before each session, keeping the required distance from each other, and wearing a face mask.
  - **Touchless sanitizing stations** will be available throughout the club. Use it upon entry, and often during the class.
  - Hot water is now available in the restrooms, alongside **touch-free** soap dispensers. Please wash your hands for the least 20 seconds when needed. Use sanitizer often throughout your session.
  - The **changing rooms will be closed** during this time.  
Please come to your class all suited up as needed and be ready to add gear on in the back of the club, by **keeping 6 ft away** from others.
  - Horseplay among fencers will not be permitted.  
Parents, please educate your children regarding any “jokes” or fake actions of coughing or sneezing with the purpose of “having fun”: there are **absolutely not permitted**, and object to **expulsion** from the club.
  - Reels should be sanitized with the provided spray sanitizer and return to the box. Fencers should NOT hand off the reel end to another fencer.
  - The dock deck should stay open for fresh air.
  - **No snacks** permitted on the premises at this time.
  - Bring your own water bottle and refill as needed.  
**No fountain use** for drinking, only touchless botte refill, please.  
Cold water by the bottle is also available in the fridge. Please bring \$1.00/per bottle and leave in the money jar on the countertop.
  - For camps and clinics, snacks and meals should be brought from home, pre-packaged, or ready-to-serve **in individual portions** to minimize handling and preparation. No food sharing.
  - Door handles and common space surfaces will be sanitized every day, at the beginning and end of the classes.  
Weekly deep cleaning will be scheduled among coaches and staff.
  - Cash payment for private lessons should be prepared from home, in an envelope, and have your child hand it out to the coach.
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- Parents of younger fencers, please remind them of the importance of social distancing.
- All beginner fencers will have the choice to **loan or purchase** their own essential gear, take it home and clean it after each class.
- \$100.00 deposit will be required to rent the gear, which will include: mask, glove, jacket, chest protector, and body cord.  
The loaner gear should be returned, and the deposit will be refunded after the completion of phase 3, or TBD.
- Fencers not using communal gear are required to take it home after each class and clean.

**Remember: Wash your hands, do not touch your face, cover your coughs!**

**Disclaimer:**

*This Safety Program has been drafted upon the Centers for Disease Control and Prevention guidelines, the State of Massachusetts health considerations and tools for Youth Sports and Summer Camps, and the USA Fencing clubs reopening recommendations.*

*As the knowledge surrounding COVID-19 is constantly changing, Olympia Fencing Center does not guarantee or take any responsibility and liability as to the completeness, reliability, and accuracy of the information contained here.*

*Students/members traveling out of state or showing any signs of sickness will be sent home. They will only be re-admitted with a negative corona test, a doctor's approval note, or after two weeks of self-isolation from the day of dismissal.*

*The student can continue classes via Zoom during this time.*

*Children with an allergy need to bring a doctor's letter confirming the symptoms are allergy related.*

*Full disclosure of possible illness from families, the coaching team, and staff are required.*

**Help us keep our fencing community safe and healthy!**

**Thank you!**



06/10/2020